

Family Support Services

in the Early Childhood Education and Assistance Program

The Early Childhood Education and Assistance Program (ECEAP) is committed to providing integrated high quality, comprehensive, and equitable Birth-PreK services focused on the whole family comprising Birth-PreK education, family support, parent involvement, physical, dental, and mental health, and nutrition services. ECEAP's Comprehensive Services Model approach considers the needs of children and parents in the design and delivery of services and programs. Research has shown working with children and their families in a two-generation approach and providing supports to families impacts not only the child's development but the family's ability to help the child grow and develop. These services support improved economic, educational, physical, dental and mental-health outcomes.



Child-Focused with Family

In ECEAP, families meet with staff regularly to give input on the child's learning goals.

WHOLE FAMILY

Two-generations approach in ECEAP centers on the whole family by intentionally working with the children and their adult caregivers.

Adult Focused with Family

In ECEAP, staff meet with parents to create family centered goals using the Mobility Mentoring® approach.



Child-Focused

Developmental screening
Health screenings
Individualized instruction

What families say about ECEAP:

“ECEAP staff gave me support as I try to navigate being a single mom and it's great to set goals with people who understand and are working with me to better not only my son's life but also our little family. Enrolling my son in ECEAP has truly been one of the best decisions I've ever made.”



Adult Focused

Resources and Referrals
Parenting Support
Systems Navigation Support



Washington State Department of
CHILDREN, YOUTH & FAMILIES

ECEAP family support services use Mobily Mentoring® which is a 2Gen approach based on the principle that children thrive when their parents do and vice versa. Using a coaching model, family support staff provide families with resources and guidance from someone who wants to offer a listening ear. These services intend to empower families in decreasing stress and increasing interconnectedness with others.



Mobily Mentoring® uses a metaphor of a bridge to achieve economic stability. The bridge provides a strong foundation that helps families navigate their way as they move toward and strengthen their economic stability. This strengths-based approach is intended to meet families where they are, follow their lead, use culturally competent approaches, and work collaboratively with each family as they journey across their pathway to self-reliance. As a result, each journey is individualized with goals that are reflective of the family versus striving to be at the top of each pillar.

Examples of supports that are tailored and individualized for every family:

- Learning behavior management skills (used in a PreK-classroom setting) for parents to use at home.
- Tools, support, and information families need to keep children's school readiness progressing.
- Emergent employment and unemployment resources.
- Resources for housing, parent education, budgeting, and continuing education.
- Additional support in the social and emotional well-being of the child and family.

Stability		Connection to Self and Others			Money Management		Education and Training Planning	Employment and Career Management	
HOUSING	FAMILY WELL-BEING	PARENTING	WELL-BEING	SENSE OF BELONGING	PERSONAL AND PROFESSIONAL SUPPORTS	EXPENSES	PLANNING	LEARNING	EARNINGS LEVELS
I have safe, affordable, stable housing that meets my family's needs.	My family's needs are met in ways that allow me to focus on my goals.	I am aware of and responsive to my child's developing needs. I access resources as needed.	I can participate fully in life because I feel healthy.	I am included in and contributing to my diverse community.	I have personal connections that are supportive and help me achieve my goals.	I have the resources I need to confidently manage my debt.	I can meet my family's financial needs now and in the future.	I have enough skills, education and training so I can choose the career I want.	I earn a living wage in a job that meets my career and future goals.

Adapted from the Economic Mobility Pathways (EMPath) Bridge to Self Sufficiency.

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